

Human Body Systems While Cooking Delicious Meals

Grade 5

Science

Vocabulary Match

Cooking Theme

NGSS.5-LS1-1

Name: _____ Date: _____

Your body works hard while you prepare and cook meals.

Write the letter of the correct definition in the box next to each word.

DIGESTION

MUSCLE

NUTRIENT

SALIVA

STOMACH

INTESTINE

ENERGY

CALORIE

DEFINITIONS

- A** Organ that churns and mixes food with digestive juices
- B** Long tube organ where nutrients pass into the bloodstream
- C** Liquid in your mouth that begins breaking down food
- D** Substance in food that your body needs to survive
- E** Unit that measures the amount of energy in food
- F** Power your body gets from food to perform activities
- G** Process where your body breaks down food into nutrients
- H** Body tissue that contracts to create movement and strength

□ BONUS CHALLENGE

Choose 3 words and write a sentence using each one.

1. _____

2. _____

3. _____

✓ ANSWER KEY — Human Body Systems While Cooking Delicious Meals

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TEACHER / PARENT USE ONLY — Correct letters shown in circles

DIGESTION

G

G. Process where your body breaks down food into nutrients

MUSCLE

H

H. Body tissue that contracts to create movement and strength

NUTRIENT

D

D. Substance in food that your body needs to survive

SALIVA

C

C. Liquid in your mouth that begins breaking down food

STOMACH

A

A. Organ that churns and mixes food with digestive juices

INTESTINE

B

B. Long tube organ where nutrients pass into the bloodstream

ENERGY

F

F. Power your body gets from food to perform activities

CALORIE

E

E. Unit that measures the amount of energy in food